

SALADS, SALAD DRESSINGS, AND RELISHES No.M 033 00
LETTUCE AND TOMATO SALAD

Yield 100

Portion 3-1/2 Ounces

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
24 cal	5 g	1 g	0 g	0 mg	11 mg	17 mg

Ingredient

LETTUCE,LEAF,FRESH,HEAD
TOMATOES,FRESH

Weight

4 lbs
21-7/8 lbs

Measure

Issue

6-1/4 lbs
22-1/3 lbs

Method

- 1 Separate leaves. Place 1 lettuce leaf on each serving dish.
- 2 Slice each tomato into 6 slices.
- 3 Arrange 4 slices tomatoes on each lettuce leaf. Cover; refrigerate until ready to serve. CCP: Hold for service at 41 F. or lower.