

SALADS, SALAD DRESSINGS, AND RELISHES No.M 045 01
PICKLED GREEN BEAN SALAD

Yield 100

Portion 1/3 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
113 cal	14 g	1 g	7 g	0 mg	435 mg	24 mg

Ingredient

BEANS, GREEN, CANNED, DRAINED
 ONIONS, FRESH, SLICED
 SUGAR, GRANULATED
 VINEGAR, DISTILLED
 OIL, SALAD
 SALT
 PEPPER, BLACK, GROUND

Weight

19 lbs
 13-2/3 oz
 2 lbs
 3-1/8 lbs
 1-1/2 lbs
 1-7/8 oz
 1/8 oz

Measure

3 gal 4 qts
 3-3/4 cup
 1 qts 1/2 cup
 1 qts 2 cup
 3 cup
 3 tbsp
 1/3 tsp

Issue

Method

- 1 Drain all beans.
- 2 Combine beans and onions. Set aside for use in Step 4.
- 3 Combine sugar, vinegar, salad oil, salt, and pepper; whip or shake thoroughly.
- 4 Add dressing; blend well.
- 5 Cover; refrigerate at least 6 hours until flavors are well blended. Keep refrigerated until ready to serve. CCP: Hold for service at 41 F. or lower.