

SALADS, SALAD DRESSINGS, AND RELISHES No.M 046 02
TOSSED CALICO GARDEN SALAD

Yield 100

Portion 1 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
16 cal	3 g	1 g	0 g	0 mg	11 mg	31 mg

Ingredient

	<u>Weight</u>	<u>Measure</u>	<u>Issue</u>
LETTUCE,LEAF,FRESH,HEAD	8 lbs		12-1/2 lbs
ONIONS,GREEN,FRESH,SLICED	8 oz	2-1/4 cup	8-7/8 oz
CUCUMBERS,FRESH,PEELED,SLICED	1 lbs	3-3/4 cup	2 each
CARROTS,FRESH,CHOPPED	1 lbs	3-1/2 cup	1-1/4 lbs
CELERY,FRESH,CHOPPED	1 lbs	3-3/4 cup	1-3/8 lbs
PEPPERS,GREEN,FRESH,CHOPPED	1 lbs	3 cup	1-1/4 lbs
TOMATOES,FRESH,THIN WEDGES	4 lbs	2 qts 2-1/8 cup	4-1/8 lbs

Method

- 1 Tear prepared lettuce into large pieces.
- 2 Combine lettuce with onions, cucumbers, carrots, celery and green peppers; toss lightly.
- 3 Cover; Add tomatoes to other salad vegetables just before serving. Toss lightly. CCP: Hold for service at 41 F. or lower.