

SALADS, SALAD DRESSINGS, AND RELISHES No.M 053 01
COUNTRY STYLE TOMATO SALAD

Yield 100

Portion 1/2 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
53 cal	8 g	1 g	2 g	0 mg	119 mg	9 mg

Ingredient

TOMATOES,FRESH,CHOPPED
 ONIONS,FRESH,CHOPPED
 PEPPERS,GREEN,FRESH,CHOPPED
 CELERY,FRESH,CHOPPED
 SALT
 PEPPER,BLACK,GROUND
 VINEGAR,DISTILLED
 SUGAR,GRANULATED
 OIL,SALAD

Weight

15 lbs
 1 lbs
 1-1/2 lbs
 2 lbs
 1 oz
 1/8 oz
 1-5/8 lbs
 12-1/3 oz
 7-2/3 oz

Measure

2 gal 1-1/2 qts
 2-7/8 cup
 1 qts 1/2 cup
 1 qts 3-1/2 cup
 1 tbsp
 1/3 tsp
 3 cup
 1-3/4 cup
 1 cup

Issue

15-1/3 lbs
 1-1/8 lbs
 1-7/8 lbs
 2-3/4 lbs

Method

- 1 Cut tomatoes into 1/2-inch cubes.
- 2 Add chopped onions, chopped fresh sweet peppers, chopped celery, salt, and pepper. Toss lightly. Cover; refrigerate until ready to serve.
- 3 Combine vinegar, granulated sugar, and salad oil. Add to salad; toss.
- 4 Cover; marinate in refrigerator at least 1 hour before serving. CCP: Hold for service at 41 F. or lower.