SAUCES, GRAVIES, AND DRESSINGS No.O 005 01 SPANISH SAUCE

Yield 100 Portion 1/3 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
45 cal	8 g	2 g	1 g	0 mg	247 mg	29 mg

<u>Ingredient</u>	Weight	Measure	<u>Issue</u>	
ONIONS,FRESH,CHOPPED	1-5/8 lbs	1 qts 5/8 cup 1-3/4 lbs		
PEPPERS,GREEN,FRESH,CHOPPED	1-1/2 lbs	1 qts 1/2 cup	1-7/8 lbs	
CELERY,FRESH,CHOPPED	1-1/4 lbs	1 qts 3/4 cup 1-3/4 lbs		
SHORTENING, VEGETABLE, MELTED	3-5/8 oz	1/2 cup		
TOMATOES,CANNED,CRUSHED,INCL LIQUIDS	14-7/8 lbs	1 gal 2-3/4 qts		
SALT	1 oz	1 tbsp		
PEPPER,BLACK,GROUND	1/4 oz	1 tbsp		
SUGAR,GRANULATED	1-3/4 oz	1/4 cup 1/3 tbsp		
WORCESTERSHIRE SAUCE	1 oz	2 tbsp		
HOT SAUCE	<1/16th oz	<1/16th tsp		
BAY LEAF,WHOLE,DRIED	<1/16th oz	1 lf		
CHILI POWDER,DARK,GROUND	1/4 oz	1 tbsp		
GARLIC POWDER	1/8 oz	1/8 tsp		
MUSHROOMS,CANNED,SLICED,DRAINED	1-3/4 lbs	1 qts 1-1/4 cup		
FLOUR, WHEAT, GENERAL PURPOSE	4-3/8 oz	1 cup		
WATER	8-1/3 oz	1 cup		

Method

- 1 Saute onions, peppers and celery in shortening, salad or olive oil for 10 minutes or until tender.
- 2 Add tomatoes, salt, pepper, sugar, Worcestershire sauce, hot sauce, bay leaf, chili powder, garlic, and canned sliced drained mushrooms to vegetables. Bring to a boil; reduce heat; cover and simmer for 10 minutes.
- 3 Blend flour and water to make a smooth paste; add to sauce. Stir to combine. Simmer for 5 minutes or until thickened, stirring constantly.
- 4 Remove bay leaves. CCP: Internal temperature must reach 145 F. or higher for 15 seconds. Hold at 140 F. or higher for service.