

SAUCES, GRAVIES, AND DRESSINGS No.O 008 00
SWEET AND SOUR SAUCE

Yield 100

Portion 2 Tablespoons

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
94 cal	25 g	0 g	0 g	0 mg	46 mg	8 mg

Ingredient

JAM,PEACH
VINEGAR,DISTILLED
WATER
SOY SAUCE

Weight

8-1/2 lbs
12-1/2 oz
4-1/8 oz
1-7/8 oz

Measure

3 qts
1-1/2 cup
1/2 cup
3 tbsp

Issue

Method

- 1 Combine jam, vinegar, water, and soy sauce; optional. Blend well.