

**TROPICAL FRUIT SALSA**

Yield 100

Portion 1/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
26 cal	6 g	0 g	0 g	0 mg	1 mg	5 mg

**Ingredient**

PINEAPPLE,FRESH,DICED  
MANGO,FRESH,DICED-1/2 IN  
PEPPERS,RED FRESH,DICED  
PEPPERS,GREEN,FRESH,CHOPPED  
ONIONS,RED,FRESH,CHOPPED  
JUICE,LIME  
CILANTRO,DRY

**Weight**

5-1/2 lbs  
3-1/8 lbs  
1-1/8 lbs  
1 lbs  
10-5/8 oz  
7 oz  
1/8 oz

**Measure**

1 gal  
2 qts 1/2 cup  
3-1/2 cup  
3 cup  
1-7/8 cup  
3/4 cup 2 tbsp  
1 tbsp

**Issue**

10-1/2 lbs  
4-1/2 lbs  
1-3/8 lbs  
1-1/4 lbs  
11-3/4 oz

**Method**

- 1 Combine pineapple, mangoes, red and green peppers, red onion, lime juice, and cilantro. Mix lightly.
- 2 CCP: Refrigerate for service at 41 F. or lower.