

Specialty Bar Options

Balloons, signs and theme related displays will draw people to the bar

Pasta Bar:

Minimum of 1 pasta type, preferably 2 types (spaghetti, rotini, etc)

Red/Marinara Sauce-plain

“Garden” Marinara Sauce-cooked with lentils or mushrooms or soy crumbles for texture, onions, bell peppers, chopped tomatoes

Bowls of add ons: mushrooms, black olives, chopped tomatoes, green peas

Bowls of sautéed add ons: mushrooms, onions, bell peppers, chopped tomatoes

Mushroom risotto

Pepperonis

Bread sticks or sliced French bread

Potato Bar

Baked Potatoes

Baked Sweet Potatoes

Shredded Lettuce

Chopped Onion

Chopped Tomato

Sliced jalapenos

Chopped avocados

Corn

Broccoli

Sliced Black olives

Bean Chili

Black beans

Pinto beans

Salsa

Black Bean & Sweet Potato filling (recipe)

Hacienda Corn and Black Beans (recipe)

Pan fried vegetable options, individually or mixtures of: onions, mushrooms, bell peppers

Guacamole

Taco Bar

Taco Shells, corn tortillas, white or green/garden tortilla Wraps,
tostada shells
Soy crumbles
Shredded Lettuce
Chopped Onion
Chopped Tomato
Sliced jalapenos
Chopped avocados
Corn
Sliced Black olives
Bean Chili
Black beans
Pinto beans
Salsa
Black Bean & Sweet Potato filling (recipe)
Hacienda Corn and Black Beans (recipe)
Pan fried vegetable options, individually or mixtures of: onions,
mushrooms, bell peppers
Guacamole

Asian Bar

Vegetable stir fry
Tofu stir fry
General Tao Tofu
Vegetable Chop Suey
Vegetable Lo Mein
Vegetable Chow Mein
Vegetable Angle Hair
Mapo Tofu
Soba noodles
White rice
Brown rice
Vegetable fried rice
Sautéed mushrooms
Vegetable spring rolls
Teriyaki green beans

Oatmeal Breakfast Bar

Pot of “regular” oatmeal
Pot of theme oatmeal
Chopped walnuts, sliced almonds
Cinnamon sugar shaker
Small bowl of brown sugar
Bowl of raisins, dried cranberries, dried cherries, dried dates, dried bananas, shredded coconut
Bowl of chopped fresh fruit (strawberries, peaches, apples, bananas)
Bowl of fresh fruit –blueberries, other berries
Bowl of granola
Bottles of pancake syrup, blueberry or other berry syrup
Chocolate chips

Theme oatmeals:

Apple Pie Oatmeal-chopped apples, cinnamon, nutmeg, and pure maple syrup
Peach Pie oatmeal
Pumpkin Pie Oatmeal
Banana Nut Oatmeal
Luau Oatmeal (dried pineapple, fresh or dried mango, shredded coconut)
Peanut Butter Oatmeal (or Peanut Butter Banana Oatmeal)

Breakfast Cereal Bar

Box, bowl or dispenser cereals
Box, bowl or dispenser granola
Chopped walnuts, sliced almonds
Bowl of raisins, dried cranberries, dried cherries, dried dates, dried bananas, shredded coconut
Bowl of chopped fresh fruit (strawberries, peaches, apples, bananas)
Bowl of fresh fruit –blueberries, other berries