

# Taco Bowl

**YIELD: 1 Servings**

Ingredients	Weight	Measure	Portion
Spinach, fresh		2 cups	
Brown rice, cooked		½ cup	
Red Onion, chopped		1 tbsp	
Black beans, cooked		¼ cup	
Salsa		¼ cup	
Guacamole		3 tbsp	
Veggie burgers (vegan)			1

## Preparation

1. Cook rice and hold in warmer, covered.
2. Cook veggie burger in oven according to package instructions and hold in warmer, covered.
3. Chop onion.
4. Cook beans or if using canned, drain beans.
5. Prepare guacamole in accordance with recipe card B-006-00 or B-006-02.
6. Chop veggie burger into bite size portions.
6. Portion into bowl: spinach, then rice, beans, onion, salsa and top with guacamole.