

003081 - Bruschetta Style Hummus

Source: Chef Dave Mac Number of Portions: 50 Size of Portion: 1/2 cup

Components:
Meat/Alt: 2 oz
Grain/Bread:
F/V/J:
Milk:

HACCP Process: #2 Same Day Service

Recipe Subgroups:

Legume

Attributes:

Ingredients	Measures	Instructions
000801 BEANS GARBANZO ,CANNED011215 GARLIC,RAW	2 #10 Can 4 cloves	Drain beans. In a food processor or blender, puree beans and peeled garlic cloves to a smooth dipping consistency. DO NOT OVER BLEND! Strain if necessary and chill.
011529 TOMATOES,RED,RIPE,RAW,YEAR RND AVERAGE 904407 PEPPERS,SWT,GRN,RAW 011282 ONIONS,RAW 004053 OIL,OLIVE,SALAD OR COOKING	6 medium whole (2-3/5" dia) 6 medium (2-3/4" x 2-1/2") 3 medium (2-1/2" dia) 1/4 cup	Clean and cube raw vegetables. Toss with olive oil and roast in 350° F. convection oven for 5 minutes. Chop roasted vegetables in blender or food processor to coarse consistency. Strain to remove excess juice. Chill.
009153 LEMON JUC,CND OR BTLD 012698 SESAME BUTTER,TAHINI,KRNLS UNSPEC	1/4 cup 1/2 cup	Mix together chilled bean puree, roasted vegetables, lemon juice and Tahini (sesame) paste. CCP: Hold for cold service at 41° F or lower.
		Serving suggestions: Serve on Pita Bread with a mixed green salad; serve with tomatoes and cucumber; serve with Tabouleh (USDA Recipe E-23) and Pita Bread.