Salads and Salad Dressings

Ingredients	50 Servings		100 Servings		Directions	
	Weight	Measure	Weight	Measure		
Vegetable stock, non-MSG		1 ¾ cups		3 ⅓ cups	Dissolve cornstarch in vegetable stock in pot.	
Cornstarch		3 Tbsp 1 tsp		1⁄4 cup 2 ⅔ Tbsp	2. Bring to boil.	
					3. Remove from heat and allow to cool.	
Vegetable oil		1 ¾ cups		3 ⅓ cups	Use a wire whip to stir mixture, while adding oil slowly.	
White vinegar		1 ¾ cups		3 ⅓ cups	Add white vinegar, sugar, pepper, and granulated garlic and stir to blend.	
Sugar	10 oz	1 1/4 cups	1 l b 4 oz	2 ½ cups		
Ground black or white pepper		2 tsp		1 Tbsp 1 tsp		
Granulated garlic		2 tsp		1 Tbsp 1 tsp		
					Chill. Refrigerate until service. Stir or shake well before serving.	

SERVING:	YIELD:	VOLUME:
2 Tbsp (1 oz ladle).	50 Servings: about 3 lb 3 oz	50 Servings: about 1 quart 2 ½ cups
	100 Servings: about 6 lb 6 oz	100 Servings: about 3 quarts 1 cup

Tested 2004

- Special Tips:
 1) Add imitation bacon bits and serve dressing hot over spinach or lettuce.
- 2) This works well as a marinade for steamed or canned vegetables.
- 3) This dressing may be used as a substitute for cole slaw dressing.

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Clear Dressing

Nutrients Per Serving								
Calories	91	Saturated Fat	1.02 g	Iron	0,05 mg			
Protein	0 . 06 g	Cholesterol	0 mg	Calcium	2 mg			
Carbohydrate	6 . 98 g	Vitamin A	49 IU	Sodium	3 mg			
Total Fat	7 . 29 g	Vitamin C	0.4 mg	Dietary Fiber	0.0 g			

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