



Recipe Production

Recipe Number: HK2231

Recipe Name: Cool&Spicy Cucumber Salad

Hot: No

Recipe Source: Cook Book

HACCP Process Category:

Unassigned

Serving Description: 1/2 cup

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
100	1/2 cup				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
2576	ONION GREEN 1/2 CS 24 BUNCH	1	Pound	14	Ounce	(Unassigned)
2008	JUICE LEMON FRESH 16/32 OZ	1	Pound	9	Ounce	(Unassigned)
2564	CUCUMBER 45 LB	10	Pound, 1/4" slice			(Unassigned)
2600	CILANTRO 6 CT	3/4	Cup, finely chopper			(Unassigned)
2551	TOMATO ROMA 25 LB	3 3/4	Pound, 1/4" dice			(Unassigned)
1024	SPICE PEPPER RED CRSHD	3	Tbsp	1	tsp	(Unassigned)

Cooking Instructions

Cooking Temperature: 0 **Cooking Times:** **Hours:** 0 **Minutes:** 0

Pre-Preparation Instructions

Sourced via partnership with the CIA Healthy Kids Collaborative

Preparation Instructions

- 1) Place the tomatoes, red pepper flakes, green onions, cilantro and lemon juice in a large bowl. Mix well.
- 2) Add the cucumber slices and fold into the mixture.
- 3) Transfer into an appropriate bowl. Cover. CCP - Hold refrigerated at internal temperature of 40 degrees F. or below for service.

Serving Instructions



Recipe Production

Recipe Number: HK2231

Recipe Name: Cool&Spicy Cucumber Salad

Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	1,410.0111	16.5456	14.1001		
Saturated Fat	g	2.9656	0.0348	0.0297	1.89	
Sodium	mg	4,379.5256	51.3910	43.7953		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	13.8567	0.1626	0.1386	8.84	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	283.4833	3.3265	2.8348	80.42	
Total Dietary Fiber	g	125.6905	1.4749	1.2569		
Protein	g	66.3947	0.7791	0.6639	18.84	
Vitamin A (RE)	RE	2,894.1036	33.9605	28.9410		
Vitamin A (IU)	IU	50,147.9415	588.4548	501.4794		
Vitamin C	mg	549.8119	6.4517	5.4981		
Calcium	mg	3,413.5603	40.0560	34.1356		
Iron	mg	27.5771	0.3236	0.2758		
Moisture	g	7,331.8684	86.0349	73.3187		*
Ash	g	54.3787	0.6381	0.5438		*

Stock Number	Description	Units per			Broken Units	Broken Unit Description	Actual Used
		Case	Location	Cases			
2576	ONION GREEN 1/2 CS 24 BUNCH	1.00	(Unassigned)	9	0.45	BUNCH	/
2008	JUICE LEMON FRESH 16/32 OZ	1.00	(Unassigned)	0	0.72	CONT (32 FL OZ)	/
2564	CUCUMBER 45 LB	1.00	(Unassigned)	11	0.46	LB	/
2600	CILANTRO 6 CT	1.00	(Unassigned)	0	0.55	BUNCH	/
2551	TOMATO ROMA 25 LB	1.00	(Unassigned)	3	0.75	LB	/
1024	SPICE PEPPER RED CRSHD	1.00	(Unassigned)	0	0.71	OZ	/

REPORT CRITERIA:

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: