



Recipe Production

Recipe Number: WF004

Recipe Name: DRESSING, SWEET DIJON

Hot: No

Recipe Source: Boulder Valley School District

HACCP Process Category:

No Cook

Serving Description: 1 serving = 1 OZ

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
25	1 OZ				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
1030	VINEGAR WHITE WINE 4/1 GAL	7	Tbsp	1/3	tsp	(Unassigned)
9600	DIJON MUSTARD	6 1/4	TBSP			(Unassigned)
1354	JUICE APPLE BORDEN 4 OZ	1	Cup	9	Tbsp	(Unassigned)
2001	APPLESAUCE NATURAL 6/#10	6	Tbsp	3/4	tsp	(Unassigned)
9604	Tarragon Dried	3 1/8	tsp, leaves			(Unassigned)
2574	ONION RED 25 LB	3	Ounce	3 1/2	Gram	(Unassigned)

Cooking Instructions

Cooking Temperature: 0 **Cooking Times:** **Hours:** 0 **Minutes:** 0

Pre-Preparation Instructions

Red onions yield: 88%

Preparation Instructions

Dice red onions.
Blend all ingredients together using a burr mixer.

Serving Instructions



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Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	362.0372	48.3129	14.4815		
Saturated Fat	g	0.0772	0.0103	0.0031	0.19	
Sodium	mg	2,289.1835	305.4854	91.5673		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	0.2608	0.0348	0.0104	0.65	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	62.7439	8.3730	2.5098	69.32	
Total Dietary Fiber	g	2.6362	0.3518	0.1054		
Protein	g	1.4463	0.1930	0.0579	1.60	
Vitamin A (RE)	RE	13.3461	1.7810	0.5338		
Vitamin A (IU)	IU	107.6545	14.3662	4.3062		
Vitamin C	mg	45.3467	6.0514	1.8139		
Calcium	mg	79.9994	10.6757	3.2000		
Iron	mg	2.0383	0.2720	0.0815		
Moisture	g	170.2387	22.7179	6.8095		*
Ash	g	0.4983	0.0665	0.0199		*

Stock Number	Description	Units per			Broken Units	Broken Unit Description	Actual Used
		Case	Location	Cases			
1030	VINEGAR WHITE WINE 4/1 GAL	1.00	(Unassigned)	0	0.03 GAL	/	
9600	DIJON MUSTARD	1.00	(Unassigned)			/	
1354	JUICE APPLE BORDEN 4 OZ	1.00	(Unassigned)	3	0.30 CARTON (4 O	/	
2001	APPLESAUCE NATURAL 6/#10	1.00	(Unassigned)	0	0.03 CAN (106 OZ)	/	
9604	Tarragon Dried	1.00	(Unassigned)			/	
2574	ONION RED 25 LB	1.00	(Unassigned)	0	0.20 LB	/	

REPORT CRITERIA:

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: