



FRESH SALSA

SERVINGS: 50 SERVINGS CALORIES: 13.7 KCAL

This fresh salsa is delicious and refreshing! With bright colors from tomatoes, jalapenos, onions and cilantro this is sure to catch your eye!

INGREDIENTS

12-1/2 medium Tomatoes, red, ripe, raw

16-2/3 medium Tomatillos, raw

2-1/8 medium Onions, red, raw

12-1/2 medium Peppers, jalapeno, raw

2 cups 1 tablespoon Cilantro, minced

1-1/2 tablespoon Salt, table

1-1/3 cups 1/2 tablespoon Lime juice, raw

INSTRUCTIONS

1. Finely dice vegetables.
2. In a medium bowl, mix all the ingredients.
3. Serve or store salsa in refrigerator for up to three days in a covered container.
4. Hold for cold service at 41°F or lower.

RECIPE NOTES

Crediting: 1/4 cup Vegetable

NUTRITION FACTS PER SERVING (0.25CUP)

Calories: 13.7 kcal | Fat: 0.2 g | Saturated fat: 0.03 g | Sodium: 196 mg | Carbohydrates: 3.1 g | Fiber: 0.8 g | Sugar: 1.5 g | Protein: 0.5 g

This recipe has not been tested or standardized by Healthy School Recipes. The outcome, allergen information, and nutrient data may vary depending on the specific ingredients and equipment used in your location.