



Recipe Production

Recipe Number: HK2257

Recipe Name: Lentil Crumble Nachos (vegan)

Hot: Yes

Recipe Source: Cook Book

HACCP Process Category:

Same Day

Serving Description: 1 cup

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
100	1 cup				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
3520	CHIP TORTILLA 6/2 LB	8	Pound	9 1/2	Ounce	(Unassigned)
HK2255	Nacho Seasoned Lentil Crumbles	25	Pound			(Unassigned)
HK2234	Avocado Cream Sauce	12	Ounce			(Unassigned)
HK1073	Pico de Gallo, homemade	12	Pound	8	Ounce	(Unassigned)

Cooking Instructions

Cooking Temperature: 0 **Cooking Times: Hours:** 0 **Minutes:** 0

Pre-Preparation Instructions

Sourced via partnership with the CIA Healthy Kids Collaborative
 1.) Prepare nacho seasoned lentil crumbles, pico de gallo and vegan avocado crema according to sub - recipes.

Preparation Instructions

- 2) Saute diced onions in oil until translucent.
- 3) Add lentil crumbles and combine.
- 4) Add oregano, paprika and water. Simmer until mixture reaches a chili - like consistency.

Serving Instructions

CCP - Minimum internal temperature should be 140 degrees F. or above. CCP - Hold hot (140 degrees F. or above) for service.



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Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	28,527.5549	134.2579	285.2755		
Saturated Fat	g	127.2137	0.5987	1.2721	4.01	
Sodium	mg	27,284.7404	128.4089	272.8474		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	1,076.2277	5.0650	10.7623	33.95	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	3,746.7809	17.6333	37.4678	52.54	
Total Dietary Fiber	g	461.0887	2.1700	4.6109		*
Protein	g	584.0315	2.7486	5.8403	8.19	
Vitamin A (RE)	RE	2,594.1655	12.2088	25.9417		*
Vitamin A (IU)	IU	22,977.7474	108.1391	229.7775		*
Vitamin C	mg	984.2437	4.6321	9.8424		*
Calcium	mg	10,069.4962	47.3896	100.6950		
Iron	mg	204.0689	0.9604	2.0407		
Moisture	g	12,277.7921	57.7824	122.7779		*
Ash	g	33.2749	0.1566	0.3327		*

Stock Number	Description	Units per			Broken Units	Broken Unit Description	Actual Used
		Case	Location	Cases			
3520	CHIP TORTILLA 6/2 LB	1.00	(Unassigned)	4	0.30	BAG (2 LB)	/
HK2255	Nacho Seasoned Lentil Crumbles	1.00	(Unassigned)	16	0.63	1/2 cup	/
HK2234	Avocado Cream Sauce	1.00	(Unassigned)	11	0.49	1 tbsp	/
HK1073	Pico de Gallo, homemade	1.00	(Unassigned)	37	0.31	1 oz	/

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