



Recipe Production

Recipe Number: HK2253

Recipe Name: Lentil Crumble w/ Mushroom

Hot: Yes

Recipe Source: Cook Book

HACCP Process Category:

Same Day

Serving Description: 1/2 cup

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
100	1/2 cup				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
HK1	Lentil Crumble	25	Pound			(Unassigned)
2572	MUSHROOM BUTTON 10 LB	2	Pound	10 1/3	Ounce	(Unassigned)
TAP	WATER	5	Gal.	6	Fl Oz	(Unassigned)

Cooking Instructions

Cooking Temperature: 0 **Cooking Times:** **Hours:** 0 **Minutes:** 0

Pre-Preparation Instructions

Preparation Instructions

- 1) Dice mushrooms 1/4 inch.
- 2) Combine lentil crumbles, mushrooms and water in a saucepan.
- 3) Simmer until crumbles are hydrated and the mixture reaches a thick, spreadable consistency.

Serving Instructions



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Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	18,800.5832	61.9303	188.0058		
Saturated Fat	g	0.6072	0.0020	0.0061	0.03	
Sodium	mg	32,146.2611	105.8918	321.4626		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	555.1807	1.8288	5.5518	26.58	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	2,263.4967	7.4561	22.6350	48.16	
Total Dietary Fiber	g	568.0827	1.8713	5.6808		
Protein	g	963.9161	3.1752	9.6392	20.51	
Vitamin A (RE)	RE	0.0000	0.0000	0.0000		*
Vitamin A (IU)	IU	0.0000	0.0000	0.0000		*
Vitamin C	mg	25.1968	0.0830	0.2520		*
Calcium	mg	8,024.7410	26.4340	80.2474		
Iron	mg	376.7384	1.2410	3.7674		
Moisture	g	20,228.1516	66.6328	202.2815		*
Ash	g	29.3255	0.0966	0.2933		*

Stock Number	Description	Units per		Cases	Broken Units	Broken Unit Description	Actual Used
		Case	Location				
HK1	Lentil Crumble	1.00	(Unassigned)	186	0.00	bag	/
2572	MUSHROOM BUTTON 10 LB	1.00	(Unassigned)	2	0.65	LB	/
TAP	WATER	1.00	(Unassigned)	0	0.00	UNLIMITED	/

REPORT CRITERIA:

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