



## Recipe Production

**Recipe Number:** HK2249

**Recipe Name:** Lentil Crumbles w/ Pinto Beans

**Hot:** Yes

**Recipe Source:** Cook Book

**HACCP Process Category:**

Same Day

**Serving Description:**

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
100	1/4 cup				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
HK1	Lentil Crumble	12	Pound			(Unassigned)
TAP	WATER	8	Gal.			(Unassigned)
9063	BEANS PINTO COMM 6/10	11	Pound	4	Ounce	(Unassigned)

**Cooking Instructions**

**Cooking Temperature:** 0      **Cooking Times:**    **Hours:** 0      **Minutes:** 0

**Pre-Preparation Instructions**

Sourced via partnership with the CIA Healthy Kids Collaborative

**Preparation Instructions**

1) Combine lentil crumbles, un - drained pinto beans and water in a saucepan and cook for 12 minutes or until the consistency of a thick sauce.

**Serving Instructions**

Heat to > = 140.00 °F for 15 seconds



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Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	13,282.9241	33.0023	132.8292		
Saturated Fat	g	0.0000	0.0000	0.0000	0.00	
Sodium	mg	21,617.2976	53.7096	216.1730		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	264.5130	0.6572	2.6451	17.92	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	1,865.0341	4.6338	18.6503	56.16	
Total Dietary Fiber	g	506.1246	1.2575	5.0612		
Protein	g	723.9494	1.7987	7.2395	21.80	
Vitamin A (RE)	RE	0.0000	0.0000	0.0000		*
Vitamin A (IU)	IU	0.0000	0.0000	0.0000		*
Vitamin C	mg	47.8554	0.1189	0.4786		*
Calcium	mg	6,861.1181	17.0469	68.6112		
Iron	mg	235.3731	0.5848	2.3537		
Moisture	g	30,305.6565	75.2964	303.0566		*
Ash	g	30.3474	0.0754	0.3035		*

Stock Number	Description	Units per			Broken Units	Broken Unit Description	Actual Used
		Case	Location	Cases			
HK1	Lentil Crumble	1.00	(Unassigned)	89	0.28	bag	/
TAP	WATER	1.00	(Unassigned)	0	0.00	UNLIMITED	/
9063	BEANS PINTO COMM 6/10	1.00	(Unassigned)	1	0.62	CAN (111 OZ)	/

**REPORT CRITERIA:**

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: