



## Recipe Production

**Recipe Number:** HK2264

**Recipe Name:** Mango Slaw

**Hot:** No

**Recipe Source:** Cook Book

**HACCP Process Category:**

No Cook

**Serving Description:** 1/2 cup

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
100	1/2 cup				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
2004	LIME JUICE 6/32 OZ	10	Tbsp			(Unassigned)
HK20	Mango Chunks	3	Pound	12 1/3	Ounce	(Unassigned)
1028	VINEGAR APPLE CIDER 4/1 GAL	10	Tbsp			(Unassigned)
1011	SALT KOSHER 12/3 LB	2 1/2	tsp			(Unassigned)
2600	CILANTRO 6 CT	1	Pint	8	Tbsp	(Unassigned)
2523	CABBAGE GREEN 50 LB	1	Pound	4	Ounce	(Unassigned)
9538	ONION YELLOW JMB 50 LB	1 1/8	Cup, finely diced 1/			(Unassigned)

**Cooking Instructions**

**Cooking Temperature:** 0      **Cooking Times:**    **Hours:** 0      **Minutes:** 0

**Pre-Preparation Instructions**

Sourced via partnership with the CIA Healthy Kids Collaborative

**Preparation Instructions**

- 1) Gently mix mango, lime juice, vinegar, salt, cilantro, cabbage and onions.
- 2) Cover and chill for 2 hours before serving to allow flavors to mix

**Serving Instructions**

CCP - Hold refrigerated at internal temperature of 40 degrees F. or below for service.



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Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	2,357.6709	41.5903	23.5767		
Saturated Fat	g	0.2494	0.0044	0.0025	0.10	
Sodium	mg	6,943.3333	122.4833	69.4333		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	0.6973	0.0123	0.0070	0.27	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	650.5118	11.4753	6.5051	110.37	
Total Dietary Fiber	g	37.1193	0.6548	0.3712		
Protein	g	34.1659	0.6027	0.3417	5.80	
Vitamin A (RE)	RE	73.7114	1.3003	0.7371		*
Vitamin A (IU)	IU	19,075.8635	336.5062	190.7586		
Vitamin C	mg	1,414.5300	24.9529	14.1453		
Calcium	mg	1,990.3554	35.1107	19.9036		
Iron	mg	24.2625	0.4280	0.2426		
Moisture	g	4,978.9524	87.8308	49.7895		*
Ash	g	25.3055	0.4464	0.2531		*

Stock Number	Description	Units per		Cases	Broken Units	Broken Unit Description	Actual Used
		Case	Location				
2004	LIME JUICE 6/32 OZ	1.00	(Unassigned)	3	0.31	CONT (32 FL OZ)	/
HK20	Mango Chunks	1.00	(Unassigned)	4	0.02	Case	/
1028	VINEGAR APPLE CIDER 4/1 GAL	1.00	(Unassigned)	0	0.04	GAL	/
1011	SALT KOSHER 12/3 LB	1.00	(Unassigned)	0	0.01	BOX (3 LB)	/
2600	CILANTRO 6 CT	1.00	(Unassigned)	1	0.21	BUNCH	/
2523	CABBAGE GREEN 50 LB	1.00	(Unassigned)	1	0.25	LB	/
9538	ONION YELLOW JMB 50 LB	1.00	(Unassigned)	0	0.29	LB	/

**REPORT CRITERIA:**

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: