

Marinated Cucumbers

Great Trays

HACCP Process: #2 Same Day Service

One portion provides: 1/4 cup vegetables

Number of Portions: 40

Portion Size: 10 slices

Ingredients	
Vinegar, distilled	1 cup
Sugar, granulated	6 tbsp
Mint leaves, fresh	1/4 cup
Cucumbers, peeled, raw	4 lbs

Instructions

1. Combine vinegar, sugar and mint. Mix well.
2. Add cucumbers. Stir well until sugar is dissolved.
3. Cover and allow to marinate at least 1 hour or overnight in the cooler.
4. Drain cucumbers before assembling sandwiches or serving as a sandwich fixing.

Nutritional Information					
Calories	14	Iron	0 mg	Protein	.3 g 8%
Cholesterol	0 mg	Calcium	7 mg	Carbohydrates	3 g 83%
Sodium	1 mg	Vitamin A	44 IU	Total Fat	0.1 g 4.8%
Dietary Fiber	0 g	Vitamin C	1 mg	Saturated Fat	0.0 g 0.4%
				Trans Fat	0.0 g 0.0%