



MARINATED GARBANZO BEAN SALAD

SERVINGS: 50

This light, delicious and refreshing garbanzo bean salad would be a great addition to any salad bar.

INGREDIENTS

8 #10 cans garbanzo beans,
drained, rinsed
15 each red onions, diced small
1½ cup garlic, minced
3 cups olive oil
12 cups balsamic vinegar
¼ cup black pepper
¼ cup kosher salt
3 cups parsley, chopped

INSTRUCTIONS

1. Mix together all ingredients, except the parsley, and marinate in the refrigerator overnight.
2. Add the parsley right before service and mix well.

RECIPE NOTES

Crediting: 1/2 cup serving is 1/2 cup vegetable.

NUTRITION FACTS PER SERVING (0.5CUP)

This recipe has not been tested or standardized by Healthy School Recipes. The outcome, allergen information, and nutrient data may vary depending on the specific ingredients and equipment used in your location.