



## Recipe Production

**Recipe Number:** SI504

**Recipe Name:** SIDE BEANS REFRIED PINTO

**Hot:** Yes

**Recipe Source:** Boulder Valley School District

**HACCP Process Category:**

Complex

**Serving Description:** .25 CUP

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
100	.25 CUP				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
9063	BEANS PINTO COMM 6/10	18	Pound	8 2/3	Ounce	(Unassigned)
8001	BEAN LIQUID	1	Pint	5 1/3	Fl Oz	(Unassigned)
1046	SPICE CUMIN BULK 10 LB	2 1/8	tsp			(Unassigned)
1011	SALT KOSHER 12/3 LB	2	TBSP	2	TSP	(Unassigned)

**Cooking Instructions**

**Cooking Temperature:** 0      **Cooking Times:**    **Hours:** 0      **Minutes:** 0

**Pre-Preparation Instructions**

Pinto Bean Yield 62.4%  
 Drain Liquid and reserve liquid needed.

**Preparation Instructions**

Combine beans and bean liquid per recipe with cumin and salt. Burr mix until smooth.  
 Portion into 2" hotel pan per pack out guide and site orders.  
 Satellite reheat yield 2.90 oz /wt portion, 1/4 cup.  
 Cover with parchment and foil. Keep chilled until transport.

**Serving Instructions**

Heat covered beans at 350 degrees F until internal temp is 165 degrees F. Stir half way through process to assure even heating.  
 Hold hot according to HACCP SOP. Use #16 disher for service.



## Recipe Production

**Recipe Number:** SI504

**Recipe Name:** SIDE BEANS REFRIED PINTO

Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	4,563.4070	76.5783	45.6341		
Saturated Fat	g	0.0656	0.0011	0.0007	0.01	
Sodium	mg	18,215.6979	305.6767	182.1570		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	0.9952	0.0167	0.0100	0.20	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	828.6420	13.9054	8.2864	72.63	
Total Dietary Fiber	g	248.4663	4.1695	2.4847		
Protein	g	290.1326	4.8687	2.9013	25.43	
Vitamin A (RE)	RE	5.6671	0.0951	0.0567		
Vitamin A (IU)	IU	56.6714	0.9510	0.5667		
Vitamin C	mg	49.9435	0.8381	0.4994		
Calcium	mg	2,548.1932	42.7611	25.4819		
Iron	mg	62.5888	1.0503	0.6259		
Moisture	g	631.7879	10.6020	6.3179		
Ash	g	32.9064	0.5522	0.3291		

Stock Number	Description	Units per			Broken Units	Broken Unit Description	Actual Used
		Case	Location	Cases			
9063	BEANS PINTO COMM 6/10	1.00	(Unassigned)	2	0.67	CAN (111 OZ)	/
8001	BEAN LIQUID	1.00	(Unassigned)	22	0.29	1	/
1046	SPICE CUMIN BULK 10 LB	1.00	(Unassigned)	0	0.01	LB	/
1011	SALT KOSHER 12/3 LB	1.00	(Unassigned)	0	0.02	BOX (3 LB)	/

**REPORT CRITERIA:**

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: