



## Recipe Production

**Recipe Number:** HK2251

**Recipe Name:** Tofu Huevos

**Hot:** Yes

**Recipe Source:** Cook Book

**HACCP Process Category:**

Same Day

**Serving Description:** 1/4 cup

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
100	1/4 cup				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
3020	TOFU FIRM WESTSOY 2/6 LB	25	Pound			(Unassigned)
1123	SPICE CURRY POW ORG 17 OZ BAG	1	Tbsp	1 1/4	tsp	(Unassigned)
1062	SPICE TURMERIC	1	Tbsp	1 1/4	tsp	(Unassigned)

**Cooking Instructions**

**Cooking Temperature:** 0      **Cooking Times:**    **Hours:** 0      **Minutes:** 0

**Pre-Preparation Instructions**

Sourced via partnership with the CIA Healthy Kids Collaborative

**Preparation Instructions**

- 1) Place drained tofu in a bowl. Add turmeric and curry and crumble with a fork mix with a whisk.
- 2) Saute tofu until lightly browned and scrambled egg consistency.

**Serving Instructions**

CCP - Minimum internal temperature should be 140 degrees F. or above.



## Recipe Production

**Recipe Number:** HK2251

**Recipe Name:** Tofu Huevos

Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	7,998.7204	70.4246	79.9872		
Saturated Fat	g	98.3476	0.8659	0.9835	11.07	
Sodium	mg	1,368.7686	12.0513	13.6877		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	474.9739	4.1819	4.7497	53.44	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	202.6581	1.7843	2.0266	10.13	
Total Dietary Fiber	g	106.8547	0.9408	1.0685		
Protein	g	930.5487	8.1930	9.3055	46.53	
Vitamin A (RE)	RE	121.7789	1.0722	1.2178		
Vitamin A (IU)	IU	83.8096	0.7379	0.8381		
Vitamin C	mg	26.0663	0.2295	0.2607		
Calcium	mg	22,851.1424	201.1925	228.5114		
Iron	mg	188.9606	1.6637	1.8896		
Moisture	g	9,635.2049	84.8330	96.3520		
Ash	g	115.5661	1.0175	1.1557		

Stock Number	Description	Units per			Cases	Broken Units	Broken Unit Description	Actual Used
		Case	Location	Cases				
3020	TOFU FIRM WESTSOY 2/6 LB	1.00	(Unassigned)	25	0.00	LB	/	
1123	SPICE CURRY POW ORG 17 OZ E	1.00	(Unassigned)	0	0.30	OZ	/	
1062	SPICE TURMERIC	1.00	(Unassigned)	0	0.33	OZ	/	

**REPORT CRITERIA:**

Sections Filter(s):

Criteria Filter(s):

Report Comments Section: