



United States Department of Agriculture
What's Cooking? USDA Mixing Bowl

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Pasta Salad with Zucchini

Makes: 50 servings

50 Servings

Ingredients	Weight	Measure
Multi grain penne pasta, cooked	1 lb + 9 oz	
Italian salad dressing	1 lb + 5 1/8 oz	
Green peppers	3 1/8 oz	
Celery	4 3/4 oz	
Zucchini, unpeeled	4 3/4 oz	
Onions, chopped fine	6 1/4 oz	
Carrots, peeled & sliced	6 1/4 oz	

Directions

1. Cook pasta in boiling water until just tender. Drain well. Rinse in cold water. Drain very well.
2. Combine all remaining ingredients and add to rinsed pasta. Mix well.
3. Refrigerate overnight.

My Notes

Source: Whole Grain Foodservice Recipes

Nutrition Information

Nutrients	Amount
Calories	85
Total Fat	6 g
Saturated Fat	1 g
Cholesterol	N/A
Sodium	102 mg
Total Carbohydrate	7 g
Dietary Fiber	1 g
Total Sugars	N/A
Added Sugars included	N/A
Protein	1 g
Vitamin D	N/A
Calcium	7 mg
Iron	0 mg
Potassium	N/A

N/A - data is not available