



Recipe Production

Recipe Number: HK2254

Recipe Name: Vegan Torta

Hot: Yes

Recipe Source: Cook Book

HACCP Process Category:

Complex

Serving Description: 1 sandwich

Projected Yield		Actual Yield		Leftovers	Disposition
Quantity	Serving Size	Quantity	Serving Size		
100	1 sandwich				

Labor				
Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
3540	ROLL HOAGIE WFM DOZ	100	ROLL (2 OZ)			(Unassigned)
HK24	Iceberg Lettuce, Shredded	25	Cup, Shredded			(Unassigned)
9602	Avocado	6	Pound	4	Ounce	(Unassigned)
1311	OIL OLIVE CANOLA BLEND 10 L	1 2/3	Cup			(Unassigned)
HK2253	Lentil Crumble w/ Mushroom	25	Pound			(Unassigned)
2574	ONION RED 25 LB	9 1/2	Cup, 1/4" dice			(Unassigned)
2551	TOMATO ROMA 25 LB	4	Pound, 1/4" dice	2 1/3	Cup, 1/4 inch" dice	(Unassigned)

Cooking Instructions

Cooking Temperature: 0 **Cooking Times:** **Hours:** 0 **Minutes:** 0

Pre-Preparation Instructions

Sourced via partnership with the CIA Healthy Kids Collaborative
 1) Prepare lentil mushroom crumble according to sub - recipe

Preparation Instructions

- 2) Brush 1/4 tsp oil on each side of sub roll.
- 3) Toast roll in 350 degree F. oven for 3 - 4 minutes until slightly toasted.
- 4) Spread #8 scoop (1/2 cup) lentil mushroom mixture on one side of sub roll.
- 5) Top lentil mushroom mixture with 1/4 cup shredded iceberg lettuce, 1/8 cup sliced red onion, 2 slices tomato, and 1/4 cup avocado slices.

Serving Instructions



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Nutrient	Unit	Recipe Nutrient Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
Food Energy	kcal	41,973.8722	162.8954	419.7387		
Saturated Fat	g	111.4954	0.4327	1.1150	2.39	
Sodium	mg	66,563.7833	258.3258	665.6378		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	1,291.4352	5.0119	12.9144	27.69	
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	6,367.2993	24.7107	63.6730	60.68	
Total Dietary Fiber	g	976.0940	3.7881	9.7609		
Protein	g	1,267.3942	4.9186	12.6739	12.08	
Vitamin A (RE)	RE	3,124.3460	12.1252	31.2435		*
Vitamin A (IU)	IU	31,935.3400	123.9371	319.3534		*
Vitamin C	mg	735.0402	2.8526	7.3504		*
Calcium	mg	4,222.0363	16.3852	42.2204		
Iron	mg	318.9228	1.2377	3.1892		
Moisture	g	14,761.9243	57.2892	147.6192		*
Ash	g	79.5181	0.3086	0.7952		*

Stock Number	Description	Units per		Cases	Broken Units	Broken Unit Description	Actual Used
		Case	Location				
3540	ROLL HOAGIE WFM DOZ	1.00	(Unassigned)	100	0.00	ROLL (2 OZ)	/
HK24	Iceberg Lettuce, Shredded	1.00	(Unassigned)	4	0.13	Pound	/
9602	Avocado	1.00	(Unassigned)				/
1311	OIL OLIVE CANOLA BLEND 10 L	1.00	(Unassigned)	0	0.04	CONTAINER (/
HK2253	Lentil Crumble w/ Mushroom	1.00	(Unassigned)	37	0.35	1/2 cup	/
2574	ONION RED 25 LB	1.00	(Unassigned)	3	0.17	LB	/
2551	TOMATO ROMA 25 LB	1.00	(Unassigned)	4	0.96	LB	/

REPORT CRITERIA:

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