

# **Recipe Production**

Printed: 04/02/2020 11:37 PM

**Recipe Number:** HK2263 **Recipe Name:** Veggie Hoagie

Hot: No Recipe Source: Cook Book HACCP Process Category: No Cook

Serving Description: 1 sandwich

Projected Yield	Actual Yield		
Quantity Serving Size	Quantity Serving Size	Leftovers Disposition	
100 1 sandwich			
Labor			

Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
3540	ROLL HOAGIE WFM DOZ	100	ROLL (2 OZ)			(Unassigned)
HK2262	Sunshine Hummus	12	Pound	8	Ounce	(Unassigned)
SI640	SIDE ZUCCHINI ROASTED	9	Pound	6	Ounce	(Unassigned)
SI648	ROASTED SUMMER SQUASH	9	Pound	6	Ounce	(Unassigned)
2504	PEPPER RED RST 12/28 OZ	6	Pound	4	Ounce	(Unassigned)

# **Cooking Instructions**

**Cooking Temperature:** 0 **Cooking Times:** Hours: 0 **Minutes:** 0

# **Pre-Preparation Instructions**

Sourced via partnership with the CIA Healthy Kids Collaborative

# **Preparation Instructions**

- 1) Spread 2 Tbsp of hummus on each side of the sub roll (top and bottom).
- 2) Lay 1 1/2 oz (3 slices each) zucchini strips and yellow squash on the bottom side.
- 3) Sprinkle with 1 oz (2 Tablespoons) red bell pepper dice.
- 4) Close roll and serve immediately.

# **Serving Instructions**

Cold Hold: Hold at < = 40.00 °F



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Recipe Number:	HK2263	Recipe Name: Veggie Ho	oagie			
		Recipe	Nutrient	Nutrient		
		Nutrient	Value per	Value per	% of	Missing
Nutrient	Unit	Value	100 Grams	Serving	Calories	Value
Food Energy	kcals	47,007.4326	207.2650	470.0743		
Saturated Fat	9	229.4069	1.0115	2.2941	4.39	
Sodium	mg	118,160.2176	520.9916	1,181.6022		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	1,953.0316	8.6113	19.5303	37.39	
Cholesterol	mg	0.0000	0.0000	0.0000		*
Carbohydrate	g	6,327.4116	27.8988	63.2741	53.84	
Total Dietary Fiber	g	787.8760	3.4739	7.8788		
Protein	g	1,153.3167	5.0852	11.5332	9.81	
Vitamin A (RE)	RE	10,744.8379	47.3761	107.4484		*
Vitamin A (IU)	IU	56,426.2692	248.7945	564.2627		
Vitamin C	mg	2,666.1094	11.7554	26.6611		
Calcium	mg	3,482.5621	15.3553	34.8256		
Iron	mg	264.3792	1.1657	2.6438		
Moisture	g	10,389.1495	45.8078	103.8915		*
Ash	g	218.3845	0.9629	2.1838		*

Stock		Units per		Broken Broken Unit	Actual
Number	Description	Case Location	Cases	Units Description	Used
3540	ROLL HOAGIE WFM DOZ	1.00 (Unassigned)	100	0.00 ROLL (2 OZ)	/
HK2262	Sunshine Hummus	1.00 (Unassigned)	42	0.00 1/4 cup	1
SI640	SIDE ZUCCHINI ROASTED	1.00 (Unassigned)	39	0.95 0.5 CUP	/
SI648	ROASTED SUMMER SQUASH	1.00 (Unassigned)	52	0.42 0.5 CUP	1
2504	PEPPER RED RST 12/28 OZ	1.00 (Unassigned)	3	0.57 CAN (28 OZ)	1

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