

Box mix side dishes – Pasta and Pasta Blends

Regal Kitchen Foods-(their rice packs are sold at Dollar Tree)



<https://www.rkfstore.com/collections/heat-eat-pasta>

Near East brand



<https://www.neareast.com/products/couscous>

Knorr pasta sides – **ONLY the Marinara is vegan.**



Hamburger helper- **ONLY the Tomato Basil Penne is vegan.**

Wal Mart Brand



Kroger brand



Freezer

Birds Eye



ONLY the Marinara pasta is vegan.

Daily Harvest



Not vegan

Suddenly Salad – NONE of the Suddenly Salad are vegan

Rice a Roni pasta sides- NONE of the Pasta Roni pasta sides are vegan